

ActionTypes[®] Approach (ATA[®]) Practitioner and Certified Practitioner Charter

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Introduction

The foundation of ActionTypes[®] Approach (below ATA[®]) go back to 1989 and today, when this charter was drafted, the approach is the result of more than 30 years of development. The latter is perpetuated thanks to the continuous improvement initiated by the founders Ralph Hippolyte and Bertrand Théraulaz. The operational implementation carried out by the community and by each practitioner, their professionalization dynamics and their personal development guarantee the quality, durability and awareness of the approach. As such, being an ActionTypes[®] Practitioner (below AP) or a Certified ActionTypes[®] Practitioner (below CAP) and signing this charter commits to ensuring continuity with the original spirit of the approach while remaining free to combine it with any other professional practice.

To be officially recognized and listed as an AP or CAP within the community of practitioners, any AP/CAP must initial each page, indicate their full handwritten name on page 7 and then sign this charter with the words “Read and approved”.

Freedom, Creativity and Competences¹

Remain free in your practice

The AP/CAP will also owe a large part of their expertise to all clients and relatives who have trusted them and allowed them to continuously refine the correctness of their approach. *The clients and relatives will have received thanks to them a significant accompaniment, but finally the practitioners also. They owe them some of his skills.*

The ActionTypes[®] Practitioner (AP)

- Acquires knowledge in a minimum curriculum of training and education summarized below
 1. ActionTypes[®] Approach Introductory Day (ATAID, optional)
 2. Practitioner Basic Course (ATBC, min. 2 x 3 days)
 - ➔ ActionTypes[®] Practitioner (AP)
 3. Continuing Education (1 to 2 days every two years for specialized modules and up to 3 days for a participation in the ActionTypes[®] exchange platform or ATEP - annual international gathering)

Remarks

The 1-day modules can be delivered by Certified ActionTypes[®] Practitioners (CAP) who will have developed specific skills in a specific field and then announced their intention to and received the approval of the parent company. The 2-day modules can only be delivered by individuals or organizations that have been qualified as an Certified ActionTypes^{®2} Trainer. The organisation of the 3-day modules is strictly reserved for the parent company.

The first objective of the AP is personal since, as an AP, he is not allowed to monetize what he learned during his basic training. Although he is strongly encouraged to rely on the principles while applying the methods and tools of the approach to others, he will therefore be the priority of his own practice. In doing so, he ensures that he has lived, understood and integrated what the implications of the approach are for his own present and future overall personal development. In this sense, he is already actively preparing for a possible practitioner's certification, which is oriented towards the accompaniment of other people.

From the outset, the AP will already be committed to intellectual integrity by mentioning his sources and explicitly citing the ActionTypes[®] Approach and its authors when he refers publicly to original material he has learned (information, profiling situations, etc.).

¹ Text taken and adapted from the implementation sheet N°15 published by Thierry Tournebise in "Le grand livre du psychothérapeute", Eyrolles, Paris, 2011, p.261-262.

² Specific rules for these modules may apply from case to case.

The Certified ActionTypes[®] Practitioner (CAP)

- Acquires knowledge during the AP and CAP curriculum summarized below
 1. *Preparation for practitioner certification (ATCC, min. 2 x 3 days)*
→ ActionTypes[®] Practitioner in Validation (APV)]
 2. *Practitioner Certification Validation (min. 2 days)*
→ Certified ActionTypes[®] Practitioner (CAP)
 3. *Supervision and continuing education for AP, APV, CAP*
 4. *Establishment of levels: junior, senior, master, etc.*
- Develops skills through implementations, ideally accompanied by a qualified supervisor in the practices that will be taught;
- Leads a personal journey within his own identity which he differentiates and enriches on a daily basis, thus allowing him to have a meaningful experience concerning the universe of what he claims to accompany in others; at the same time that he is never supposed to know in place of the other, **he is on the other hand supposed to have frequented such nuances in himself**; This is an important source of his practitioner skills.
 - In this sense, he is strictly discouraged to take a position of power over the other by telling him who they are! Everything an AP can say is related to what he felt during profiling. The AP will therefore be extremely careful that the person concerned does not take this for granted. There is always a significant risk that the other will comply, consciously or not, with what the AP will announce. If the AP is responsible for what he perceives, he is also responsible for what he says to the other: I never say who the other is but what I perceived; it's fundamentally different in terms of the implications for the person being accompanied. The validation of the profile will be the subject of a process that will be accompanied by the AP and that must last at least 15 days. During this period, the person will learn to observe himself in order to cross-reference the data relating to his posture with those related to his state of form, fatigue and mood. Observation grids have been designed for this.
- Will ensure the development of identity and therefore the reputation of the ATA[®]:
 - By understanding that the journey undertaken «around his being» allows him to relativize his appearance: to be more in order to feel less the need to appear!
 - By developing his quality of listening and therefore respect for the feelings of the interlocutor
 - By ensuring a watchful greeting characterized by non-judgment, not imposing one's point of view, etc.

As Practitioner (AP) or Certified Practitioner (CAP) in his field, he is also expected to deliver what his teachers or trainers have taught him, without betraying the approaches, or practices. Yet he will be competent only if he remains free and does not confine himself to any definitive theory. The strengths of his competence are also his creativity, his freedom and his spontaneity.

The practices of the ActionTypes[®] Approach cannot only be “mechanically applied” or they will lose all of their original intent and effectiveness

The foundation is above all human and complex, it must not disappear in the cold application of techniques, thus creating an inapplicable mechanical connotation in the field of expertise that is human expression.

Skills and Creativity

The practitioner is not supposed to misrepresent the approach he is implementing... But he will only find his full potential if he allows himself to be creative! The challenge is precisely to allow this creativity, without betraying the approach it is supposed to provide.

With experience, practitioners find their mark, take liberties, adjust and improvise. Rich of this dexterity, it can happen to them to bring together practices that want to be distant: as "a little more" of cognition, behaviour, analytic, focusing, counselling, mindfulness, coaching... Etc. In the end, all this only reflects the personality of the practitioner who integrates and appropriates the contents in his own way.

If he wants to develop his competence, it is difficult for a practitioner to remain a purist of the approach he has been taught. All those who were at the origin of an approach that marked their time dared differences at a given time... Not all of them remained in the "compliant" model of those who taught them. As founders and/or trainers of the ATA[®], we are the first to have been there! The situation is delicate because it would not be fair to encourage all kinds of abuses that distort the original intent of the founders, as much as not to mention their work.

The various missions of the ActionTypes® approach (non-exhaustive list)

1. Help the individual to express himself constructively, to develop and to be recognized within his own identity.
2. Promote expression by generating trust from the individual's natural movement.
3. Allow the development of a level of relaxation and loosening contributing to individual availability and performance (ReLAP).
4. Give priority to the individual for whom he is and becomes, for his uniqueness and originality.
5. Develop and support processes for the constructive expression of individual singularity.
6. Contribute to the autonomy of individuals in order to make them more available and creative when they face individual or/and collective projects in which they are involved.
7. Support groups and teams so that they give themselves the means to bring out individual potentials at the service of the collective.
8. Encourage groups and teams to build on individual strengths by providing them with the right context for their expression.

A minimum framework is required. However, the practitioner's competence will not manifest if his freedom is taken away.

The tricky point for any practitioner is to have enough framework and benchmarks (so that clients or prescribers know what they are implementing, so that they know where to turn), while remaining sufficiently free using his own approach (in order to keep the creativity that gives the dimension and nuances of his competence). This is a very difficult equation to solve in a certified practitioner training.

It should be noted that the teaching of the ATA® does not in any way purport to restrict any of the practitioners' experience but rather is an invitation to respectful synthesis. It is in addition to what we already have, but it is not supposed to replace it. When there are disagreements between different approaches, it is because they deserve to be addressed more precisely, so that the rightnesses of each are revealed to each other.

Many people need quality support. It is up to all of us, practitioners, to work towards this quality.

In advance, a big thank you and all our gratitude to all those who play the game while respecting what has been put in place during all these years of development.

Text taken and adapted from the implementation sheet N°15 published by Thierry Tournebise in "Le grand livre du psychothérapeute", Eyrolles, Paris, 2011, p.261-262.

THE VARIOUS STATUSES OF CERTIFIED PRACTITIONERS **A Certified ActionTypes[®] Practitioner (above and below CAP)**

- May apply for the Human by ActionTypes[®] (HAT[®]) Group Quality Label if he meets its criteria.
- Has a duty to use the ActionTypes[®] brand and openly publish his status as a certified. He may explicitly charge his customers an official ActionTypes[®] service based on the current rates.
- Has the right to organize ActionTypes[®] Approach Introductory Days (ATAID), as well as to bill for such a service. The maximum duration of an ATAID module is 1 day.
- Has access to the material available in different languages (PPT presentations, brochures, etc.) which can be obtained on request by paying the corresponding amount. These modules of introduction will not be in any case training or transfers of skills but rather impulses allowing people in presence to become aware of the differences that surround them and thanks to which they express themselves day after day. No! "One size doesn't fit all!"
- Is not an ActionTypes[®] trainer. He may become so if he announces himself to the parent company ActionTypes Swiss (hereinafter ATS) and fulfils the requirements after having completed and passed the certified trainer course.] It therefore does not have the right to train in the approach by passing on profiling skills. He just gives an opening to the formal training curriculum, even if he carries out demonstrations of profiling techniques during this day and makes them try out to the people in attendance.
- Quotes its sources and commits to never integrate and/or modify elements of the ATA into a new approach (commercial or non-commercial) without the written permission of ATS.

It is therefore very important to be explicit towards the participants by warning them about this: it is not possible to become competent in one day of introduction (even in several days of introduction). It takes a lot more experience and even supervision to do it reliably and professionally.

This Introductory Day does not entitle attendees to any special rights except to be part of the Introductory Groups created on the MyActionTypes[®] Community Platform for free. For this purpose, we always need the certified's share of an Excel file with the contact details (first name, last name, e-mail) of the participants who will also be automatically associated with the name of the certified who provides them. Subsequently, they may be sponsored by the Certified Practitioner in question, which may provide some benefits depending on the current arrangements, currently, we return 5% of the educational fees paid by the candidate to the sponsor officially announced by the candidate³

³ We reserve the right to modify/adapt these conditions at any time.

- Maintains CAP status as an integral part of the MyActionTypes[®] online community. They pay their monthly or annual dues based on the proposed services and levels. Every two years, he also carries out his continuing education duties in order to maintain his HAT[®] quality label.

The Certified ActionTypes[®] Pro Practitioner (below CAPP)

- Has all the advantages and rights of the CAP and privileged access to the various resources made available to the CAPP.
- Is actively supported by ActionTypes[®] which provides CAPP with all possible assistance in the development of their business.
- Maintains CAPP status, also as an integral part of the MyActionTypes[®] online community. They pay their monthly or annual dues based on the services and levels proposed for CAPP. Every two years, he carries out his continuing education duties in order to maintain his HAT[®] quality label.

Last Name :

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Read and approved handwritten:

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ActionTypes Swiss Sàrl is the company holding the rights and responsible for the quality of the courses delivered under the brand and with the ActionTypes[®] logo.

ADDITIONAL INFORMATION

In order to maintain the freshness, accuracy and quality of the ActionTypes[®] approach's CAPP interventions, with the HAT[®] label, we adopt a one- to two-day continuing education/development rule every two years. This can be achieved, for example, by attending two days of basic training or certification preparation modules or the annual ATEP event (Actiontypes[®] Exchange Platform or ActionTypes[®] Exchange Platform), or on a course with complementary themes to be validated (archaic reflexes, Neuro-harmonisation, Moo'vie by ActionTypes[®], etc.).

The ATEP is a gathering of APs and CAPs that is intended to be non-profit. Organized annually since 2015, it usually takes place over 2 to 3 days in mid-June and each time in a different country (2 days in Holland in 2015, 2 days in Finland in 2016, 3 days in Paris in 2017 and 3 days in Berlin in 2018, 3 days in Morges/Switzerland in 2019. **After the cancellation of the 2020 event, it is planned 3 days in Holland in 2021, from June 18th to 20th with the Theme : Learning Your Way !** The primary intentions of this annual exchange platform revolve around sharing, transferring, exchanging experiences and best practices, generating common ideas and projects within the *MyActionTypes*[®] community, etc. The main interventions are translated into English and French.

Thanks to different times and themes (plenums and specialised workshops), it is possible for everyone to create a particular trajectory within the ATEP itself. Even though you may not be present, please be aware that these moments are filmed on video and then become available on our MyActionTypes[®] online platform, in exchange for an amount that helps cover the still high costs of filming and editing multiple cameras.

The videos of all past events are always accessible with the payment on the platform for an amount of € 295. Information for the current year will not be included until the following year.

ATTENTION

Third parties are no longer allowed to film the presentations at ATEP without written permission from ATS. The aim is to protect the investments and rights related to the proposed content that remain the property of ActionTypes[®] Swiss and his authors.